

Austin Parks and Recreation Department

2019 AQUATIC PROGRAM GUIDE

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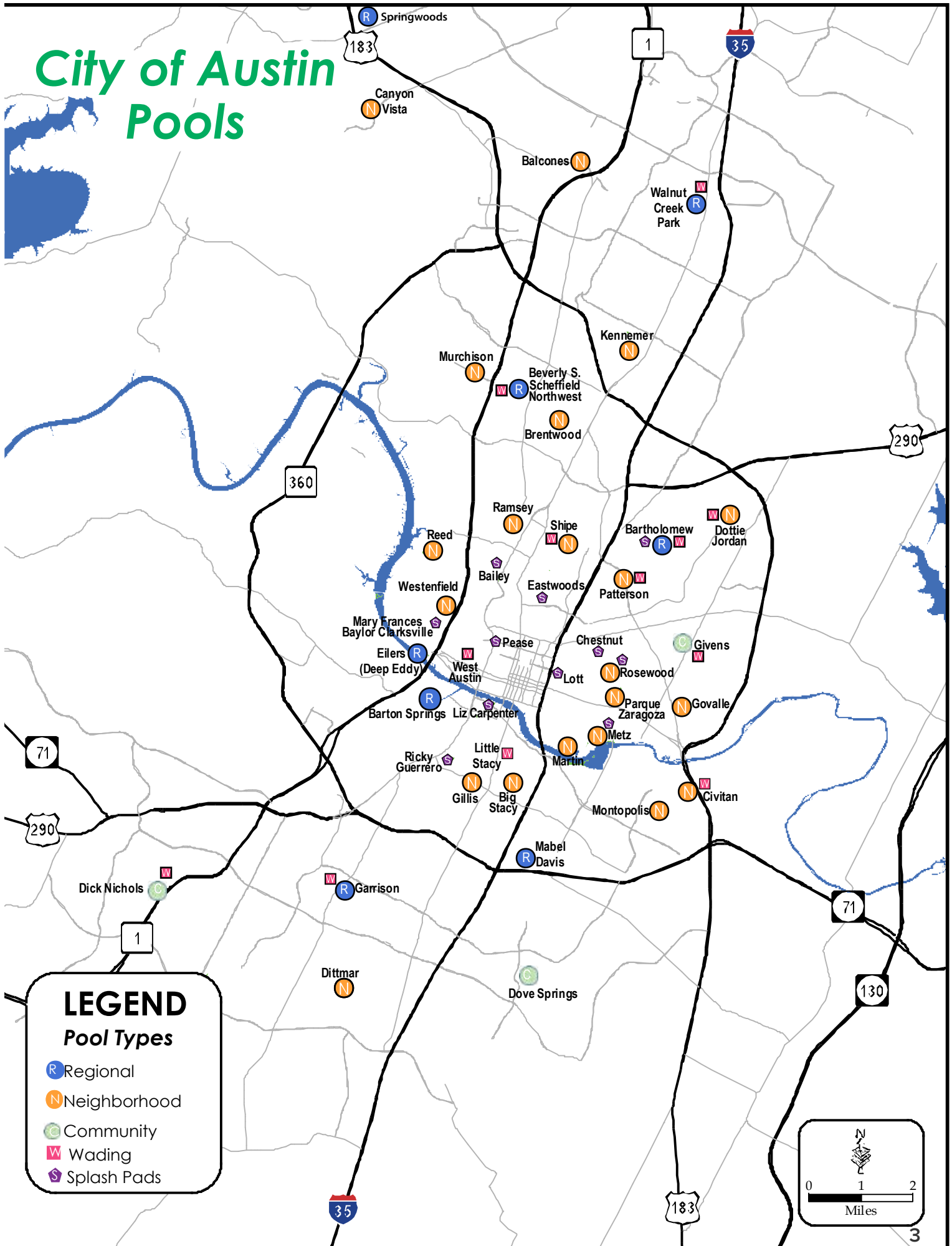
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BROCHURE DISCLAIMER

Due to the large amount of information available in the Aquatic Division brochure, errors and changes before and after publication may occur. We apologize for any errors in this brochure and will attempt to advise you of any changes as quickly as possible. Thank you for your patience and understanding when these situations arise.

City of Austin Pools



Locations and Contact Information

BARTON SPRINGS POOL

Main Gate	2201 Barton Springs Rd.	(512) 974-6300
South Gate	710 Azie Morton Rd.	(512) 974-6300

REGIONAL AQUATIC CENTERS

Bartholomew	1800 E 51st St Austin, TX 78723	(512) 974-1650
Deep Eddy	401 Deep Eddy Ave Austin, TX 78703	(512) 472-8546 / (512) 974-1189 (info)
Garrison	6001 Manchaca Rd Austin, TX 78745	(512) 442-4048
Mabel Davis	3427 Parker Ln Austin, TX 78741	(512) 441-5247
Northwest	7000 Ardath Austin, TX 78757	(512) 453-0194
Springwoods	13320 Lyndhurst St Austin, TX 78729	(512) 996-8978
Walnut Creek	12138 N Lamar Austin, TX 78758	(512) 834-0824

COMMUNITY POOLS

Dick Nichols	8011 Beckett Austin, TX 78749	512-899-0348
Dove Springs	5701 Ainez Dr Austin, TX 78744	512-444-6136
Givens	3811 E 12th St Austin, TX 78721	512-928-2657

NEIGHBORHOOD POOLS

Balcones	12017 Amherst Dr Austin, TX 78727	512-821-2053
Brentwood	6710 Arroyo Sec St Austin, TX 78757	512-453-1725
Canyon Vista	8455 Spicewood Springs Rd 78759	512-996-8038
Civitan	513 Vargas Austin, TX 78741	512-386-5743
Dittmar	1009 W. Dittmar Rd Austin, TX 78745	512-693-4698
Dottie Jordan	2803 Loyola Dr Austin, TX 78723	512-928-3721
Gillis	2504 Durwood Austin, TX 78704	512-693-2974
Govalle	5200 Bolm Rd Austin, TX 78704	512-389-0518
Kennemer	1032 Payton Gin Rd Austin, TX 78758	512-821-2454
Martin	1626 Nash Hernandez Sr. Rd Austin, TX 78702	512-469-0948
Metz	2407 Canterbury Austin, TX 78702	512-391-6212
Montopolis	1200 Montopolis Dr Austin, TX 78741	512-389-6022
Murchison	3700 North Hills Dr Austin, TX 78731	512-241-0618
Parque Zaragoza	741 Pedernales St Austin, TX 78702	512-320-0160
Patterson	1400 Wilshire Blvd Austin, TX 78722	512-542-9685
Ramsey	4201 Burnet Rd Austin, TX 78756	512-380-9131
Reed	2600 Pecos St Austin, TX 78703	512-542-9782
Rosewood	1182 Pleasant Valley Austin, TX 78702	512-473-8469
Shipe	4400 Avenue G Austin, TX 78751	512-380-9131
Stacy	700 E. Live Oak St Austin, TX 78704	512-445-0304
West Austin	1317 W. 10th St Austin, TX 78703	512-236-1303
Westenfield	2008 Enfield Rd Austin, TX 78703	512-542-9176

WADING POOLS

Stacy	1401 Sunset Ln Austin, TX 78704	(512) 693-2174
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SPLASH PADS

Bailey	1101 W. 33rd St Austin, TX 78703
Bartholomew	5200 Berkman Dr Austin, TX 78723
Chestnut	1404 East 16th St Austin, TX 78702
Clarksville	1811 W. 11th St Austin, TX 78703
Liz Carpenter	1000 Barton Springs Rd Austin, TX 78704
Eastwoods	3001 Harris Park Blvd Austin, TX 78705
Lott	1108 Curves St Austin, TX 78709
Metz	2407 Canterbury Austin, TX 78702
Pease	1600 Parkway at Kingsbury Austin, TX 78703
Ricky Guerrero	1100 Brodie Street Austin, TX 78704
Rosewood	1182 Pleasant Valley Austin, TX 78702

FINANCIAL AID FOR YOUTH

The Austin Parks and Recreation Department is offering financial support to residents for youth programs from October 1, 2018 to September 30, 2019. Youth participants must reside in the City of Austin and receive or be eligible to receive reduced or free lunches in their school district to qualify for financial assistance. To apply, please visit www.austintexas.gov/PARDFinAid.

Pool Closure Schedule

All Swim Lesson and Program sessions run for 4 days each week. Pool sites will be closed one day each week to programming and any open/lap swimming activities. Please refer to the chart below to determine your facility's closure day.

POOL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Balcones	CLOSED				
Barton Springs				CLOSED 9AM-7PM	
Brentwood		CLOSED			
Canyon Vista				CLOSED	
Civitan	CLOSED				
Dick Nichols	CLOSED				
Dittmar		CLOSED			
Dottie Jordan			CLOSED		
Dove Springs				CLOSED	
Garrison			CLOSED		
Gillis			CLOSED		
Givens		CLOSED			
Govalle		CLOSED			
Kennemer	CLOSED				
Little Stacy			CLOSED		
Mabel Davis	CLOSED				
Martin			CLOSED		
Metz				CLOSED	
Montopolis		CLOSED			
Murchison	CLOSED				
Northwest				CLOSED	
Parque Zaragoza				CLOSED	
Patterson			CLOSED		
Ramsey				CLOSED	
Reed		CLOSED			
Rosewood	CLOSED				
Springwoods		CLOSED			
Shipe			CLOSED		
Stacy (Big)	CLOSED				
Walnut Creek			CLOSED		
West Austin	CLOSED				
Westenfield			CLOSED		



Programming Schedule

Registration begins March 4, 2019 for Spring Session and April 1, 2019 for all Summer Swim Sessions

- Resident Registration begins at 8:00 am
- Non-Resident Registration begins at 10:00 am

MAY 2019						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
	Stroke Clinic : May 6 - 24					
12	13	14	15	16	17	18
	Spring Session : May 13 - 24					
	Stroke Clinic : May 6 - 24					
19	20	21	22	23	24	25
	Spring Session : May 13 - 24					
	Stroke Clinic : May 6 - 24					
26	27	28	29	30	31	
	Late Registration for Session 1 / Swim Team, May 27 - 31					

JUNE 2019						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
	Lessons Session 1: June 3 - 14					
	Swim Team : June 3 - July 13					
9	10	11	12	13	14	15
	Late Registration for Session 2: June 10 - 14					
	Lessons Session 1: June 3 - 14					
	Swim Team : June 3 - July 13					Neighborhood Swim
16	17	18	19	20	21	22
	Lessons Session 2: June 17 - 28					
	Swim Team : June 3 - July 13					Neighborhood Swim
23	24	25	26	27	28	29
	Late Registration for Session 3: June 24 - 28					
	Lessons Session 2: June 17 - 28					
	Swim Team : June 3 - July 13					Neighborhood Swim

Programming Schedule

Registration begins March 4, 2019 for Spring Session and April 1, 2019 for all Summer Swim Sessions

- Resident Registration begins at 8:00 am
- Non-Resident Registration begins at 10:00 am

JULY 2019						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
Dive Clinic	Lessons Session 3: July 1 - 12			NO LESSONS	Session 3	TAAF Regional
	ALL CLASSES : MON, TUE, THR, FRI - July 1-5 (No Non-Programming Day)					
7	8	9	10	11	12	13
	Late Registration for Session 4: July 8 - 12					Neighborhood Swim
	Lessons Session 3: July 1 - 12					
	Swim Team : June 3 - July 13					
14	15	16	17	18	19	20
	Lessons Session 4: July 15 - 26					
21	22	23	24	25	26	27
				State Games of Texas July 25-		State Games of Texas
	Late Registration for Session 5: July 22 - 26					
	Lessons Session 4: July 15 - 26					
28	29	30	31			
State Games of Texas	Lessons Session 5: July 29 - August 9					

AUGUST 2019						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				Lessons Session 5: July 29 - August 9		
4	5	6	7	8	9	10
	Lessons Session 5: July 29 - August 9					
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Registration Information

Registration Periods

Registration Period

Registration may be completed online at austintexas.gov/parksonline. Registration forms may be mailed or delivered in person to the Aquatic Office. In person registrations will be processed upon arrival, followed by mailed registrations.

Late Registration Period

Registration must be walk-in only to ensure space availability and receipt confirmation prior to the first day of class. Registration forms received via mail during the late registration period will not be processed.

****Please note that online registration will not be available during the late registration period.****

Registration Forms

Incomplete registration forms will not be processed upon receipt and you will be notified by phone to correct any problems. (i.e., no signatures at the bottom of the registration form; no payment or incorrect class information). If contact cannot be made, the registration will be shredded in 5 business days.

Confirmation Receipts

Receipts will be e-mailed or mailed to the addresses provided on the registration form. If you do not receive a confirmation receipt within 5 business days, please contact the Aquatic Office.

How to Register

1. Pick the age division and skill level

It is imperative that you register your child for the correct age and skill level, not the class time that is most convenient. Please refer to the course description pages in this brochure as a reference. Classes are offered in a grouping of levels, however you will still need to determine which class level is appropriate for your child. If your child is able to complete all of the skills listed under a particular level within their age group, they would need to be registered for the next class level higher. Please see chart on page 12 for help in determining your child's skill level.

2. Pick a session, pool, and time

Confirm with your family's calendar, as cancellation and transfers can add fees. Registration at least two weeks prior to the session start date is recommended.

3. Register

Complete the registration form (one per participant per session) and mail or register in person. Please make checks or money orders payable to the City of Austin or charge by using Mastercard or Visa. All returned checks will be charged a \$25 service fee. Please be aware that registration forms will not be accepted prior to the registration date displayed above and phone registrations are prohibited.

Registration Dates

Session	Session Dates	Registration	Late Registration
Stroke Clinic	May 6 - May 24	March 4 - April 26	April 29 - May 3
Spring Session	May 13 - May 24	March 4 - April 26	April 29 - May 3
Session 1	June 3 - June 14	April 1 - May 24	May 27 - May 31
Session 2	June 17 - June 28	April 1 - June 7	June 10 - June 14
Session 3	July 1 - July 12	April 1 - June 21	June 24 - June 28
Session 4	July 15 - July 26	April 1 - July 5	July 8 - July 12
Session 5	July 29 - August 9	April 1 - July 19	July 22 - July 26

Please Note:

- For Late Registration, online sign-up **will not** be available.
- Sessions will meet Monday - Friday for 2 weeks with the exception of each facility's weekly Non-Programming day or as otherwise noted.
- Please check the lesson schedule for the specific day of the week each facility will be closed.

Online Registration

Online registration is processed by our registration software. You will create or update your user account, which is only accessible by you. If you don't know your password, you can request a new one which is generated by the software and not visible to staff. Staff is only able to update information you provide and register you for a class through their own staff user accounts. Staff cannot access your online account. Neither the Austin Parks and Recreation Department, nor the software vendor store credit card information. Payments are processed through a credit card processing vendor to protect our customer's privacy and security.

austintexas.gov/parksonline

Cancellations, Transfers, & Refunds

Payment Policies

Payment must accompany the registration form.

Aquatic Division Cancellation

Classes that do not meet the minimum enrollment will be canceled and full refunds will be automatically issued as a credit that can be used towards any future programs. If your class is canceled, you will be notified by phone the week prior to the start of the session. Credits may be refunded upon request submitted via telephone at 512-974-9345 (best time is 12:00 pm to 3:00 pm, Monday to Friday).

Customer Cancellation

You may request a cancellation of your class by 8:00 AM on the FRIDAY PRIOR to the FIRST DAY of the class to receive a refund, minus a \$10.00 cancellation fee. Please allow 4-6 weeks for processing. In lieu of a refund, a credit may be requested and can be used toward any future programs. All requests for refunds must be submitted via e-mail to AquaticsOffice@austintexas.gov by 8:00 AM on the FRIDAY PRIOR to the FIRST DAY of the class.

Transfers

Transferring out of one class/session into another class/session may be done before 8:00 AM on the FRIDAY PRIOR to the FIRST DAY of the class. A processing fee of \$5.00 will be charged. Children that need to be transferred at the request of the instructor will not be assessed a fee. If you have any questions about cancellations, refunds, or transfers please do not hesitate to contact the Aquatic Office at 512-974-9330.

Frequently Asked Questions

Will spaces be held for online, walk-in, and phone registration?

No spaces will be held. Online, walk-in and phone registration will all be offered for live registration on a space available basis.

What happens if the class is full?

If a class is full, a spot on the waiting list will be offered. There is no fee to be on the waiting list. If a participant drops a class that space will be offered to the first person on the waiting list. If you are offered a space in class from the waiting list, we will notify you of the deadline to secure the space with the payment. If you decline or let the deadline expire without making the payment, we will remove the student from the roster and offer the space to the next student on the waiting list.

Are participant waivers still required?

Adult and youth waivers with original signatures are required at the program site prior to participation.

If I make an ADA accommodation request, must I speak with staff before registering?

No. Please complete online registration and contact staff at the Aquatic Office at 512-974-9330 to place the request.

What if I qualify for Financial Aid?

If you have already been approved for Financial Aid, your account should automatically calculate the correct price when paying for an activity online. If for some reason it doesn't, please contact staff at the site to inquire further.



Swim Lesson Program

Program Details

Swim lessons for infants through adults are offered at 20 sites throughout the city. Age-appropriate class curriculum is designed to cover skills in a logical progression for optimal development. Each stage is challenging but individualized so that students gain confidence in their own abilities. Sessions meet Monday - Friday for 2 weeks with the exception of each facility's weekly Non-Programming day, or as otherwise noted.

- Resident Fee: \$57.00 (8 Classes per Session)
- Resident Registration: 8:00am on April 1, 2019
- Non Resident Fee: \$66.00 (8 Classes per Session)
- Non-Resident Registration: 10:00am on April 1, 2019

Swim Lesson Tips

- Understand that children develop swimming skills at different rates.
- Bring an extra towel for students enrolled in Starfish 1 and Starfish 2 classes as swim diapers tend to retain a large amount of water.
- Bring a light snack and drink for your child since they are often hungry and/or thirsty after a lesson.
- Apply a UVA/UVB sunscreen with a SPF factor of 15 or higher at least 30 minutes prior to entering the pool for your lesson.
- Arrive at least 5 minutes prior to your scheduled lesson time so that you and your child can get acquainted with the facility.
- Bring your registration receipt to help ensure you are attending the correct class.
- Be enthusiastic and support your child by praising their efforts in the pool.
- Provide additional practice time with your child at home or during public swim to increase their comfort level and confidence in the water.
- We recommend postponing using goggles with your child until they are comfortable placing their face and head underwater. Goggles can be beneficial to children while swimming laps, especially if they experience eye discomfort. If goggles are used, please assist your child in adjusting their goggles before their lessons.
- Water shoes do a great job of protecting feet during hours of water play and walking on pool decks, but they hinder the development of an effective flutter kick. During lessons, we recommend water shoes stay with your child's towel.



Important Lesson Information

Class Prerequisites

The prerequisite for each class level is the successful completion of the preceding class level skills. A child's age is a limiting factor for registration for all classes.

Instructors

Most classes will be taught by certified American Red Cross Water Safety Instructors. However, there may be circumstances that will require a certified Swim Instructor Aide.

During the Class

Parents/guardians must stay at the pool for the entire class in case of an emergency where Parental Consent for care is required.

Class Discipline

We reserve the right to take children out of class when they are verbally or physically abusive to other students, instructors, or if they disrupt the class.

Class Minimum Participant Requirements

If your class selection does not meet the minimum participant requirement you will be notified by phone prior to the scheduled start date, at which time you may choose an alternate class. All classes that do not meet the minimum number of participants will be canceled.

Class Wait List

One way to deliver quality service is by limiting the class size to provide an optimal student : Instructor ratio. If a class has reached the maximum limit, names are placed on a waiting list and students are called as openings become available.

Advancing to the Next Level

In order to advance to the next level, students must pass all skills listed for the particular level that the student is enrolled in.

Entrance Fees

An entrance fee will be charged to swim/practice before or after lessons at all Regional Aquatic Facilities.

Inclement Weather / Unforeseeable Circumstances

Classes will not be canceled due to rainy weather. In the event of thunder, lightning, or other unexpected situations such as mechanical problems, class will be canceled and safety lessons will be conducted. If class is canceled for a second day, the instructors will add 5 minutes to the end of the remaining classes to make up missed time. If class is canceled for a 3rd day you will receive a prorated refund for the remaining time. For cancellation information, call the pool where your lessons are being held.



Scholarships available!

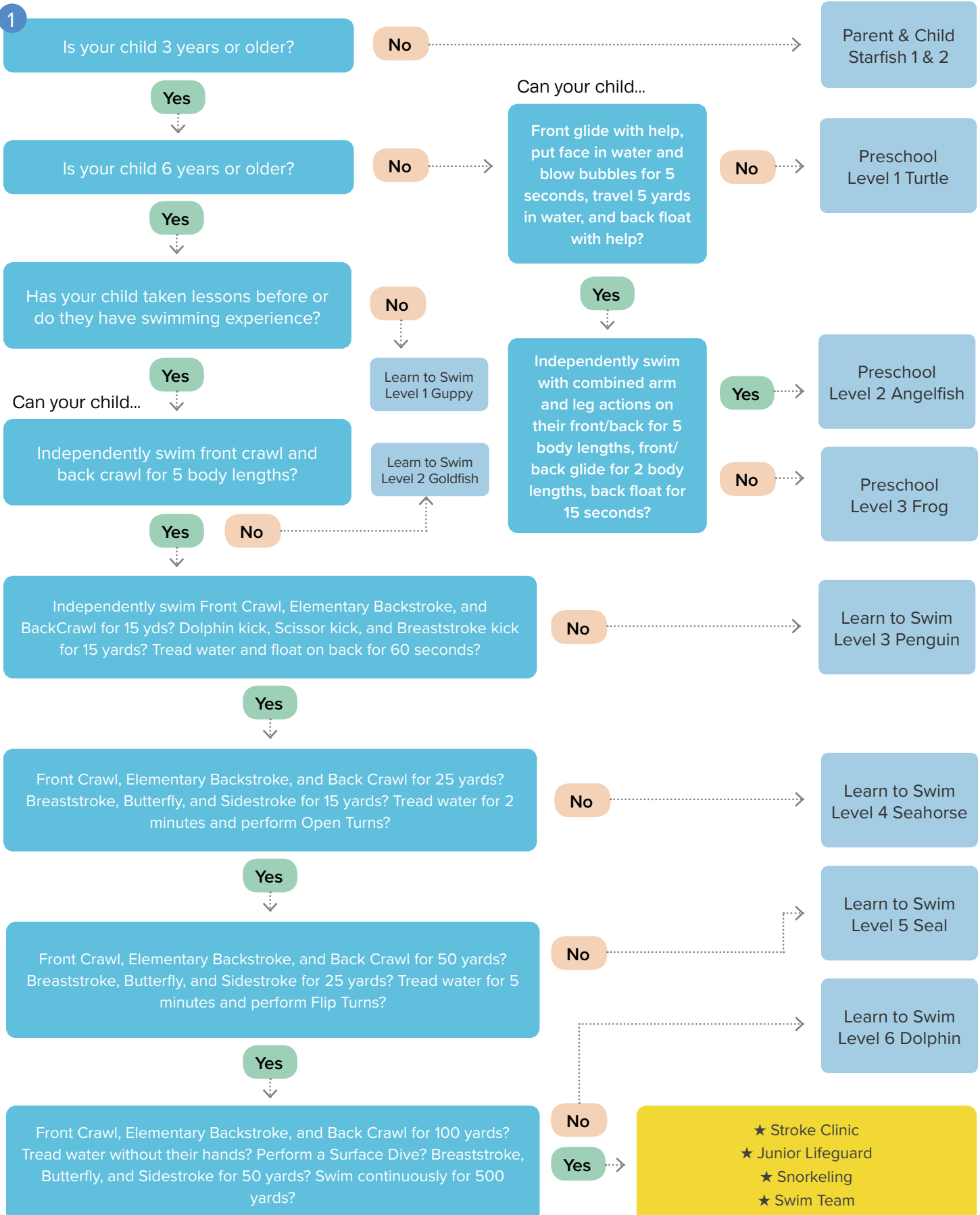
For more information on scholarships, contact the Aquatic Office:
aquaticoffice@austintexas.gov



Swim Lesson Classes

Level	Age Range	Class Size
Parent & Child Level 1-2 Starfish	6 months - 2 years, 11 months	Min 6, Max 8
Preschool Level 1 Turtle	3 - 5 years	Min 3, Max 4
Preschool Level 2 Angelfish	3 - 5 years	Min 3, Max 4
Preschool Level 3 Frog	3 - 5 years	Min 3, Max 4
Preschool Combined Level 1-3	3 - 5 years, 11 months	Min 3, Max 4
Level 1 Guppy	6 - 12 years	Min 4, Max 5
Level 2 Goldfish	6 - 12 years	Min 4, Max 5
Level 3 Penguin	6 - 12 years	Min 4, Max 6
Learn-to-Swim Combined Level 1-6	6 - 12 years	Min 4, Max 6
Level 4 Seahorse	6 - 12 years	Min 4, Max 6
Level 5 Seal	6 - 12 years	Min 4, Max 6
Level 6 Dolphin	6 - 12 years	Min 4, Max 6

Which Swim Level is Right for My Child?



Parent and Child Level 1-2 Starfish

6 months – 2 years, 11 months

30 minute class

Class Size: Min 6, Max 8

All class days require parent or guardian participation. The purpose of the Parent and Child Aquatic Program is to teach basic skills that prepare young children to become comfortable in the water so they can be ready to learn how to swim when they are older. This program is not designed to teach children to become accomplished swimmers or even to survive in the water on their own. It will, however, provide you with the necessary knowledge and skills to orient your child to the water and to safely supervise all water activities.

The Goals of Starfish are to provide experiences and activities for parents and children to:

- Learn how to enter and exit the water safely
- Feel comfortable in the water
- Explore buoyancy in a front and back position
- Change body position in the water
- Submerge in a rhythmic pattern
- Water Safety topics

Preschool Level 1 Turtle

Ages 3 – 5

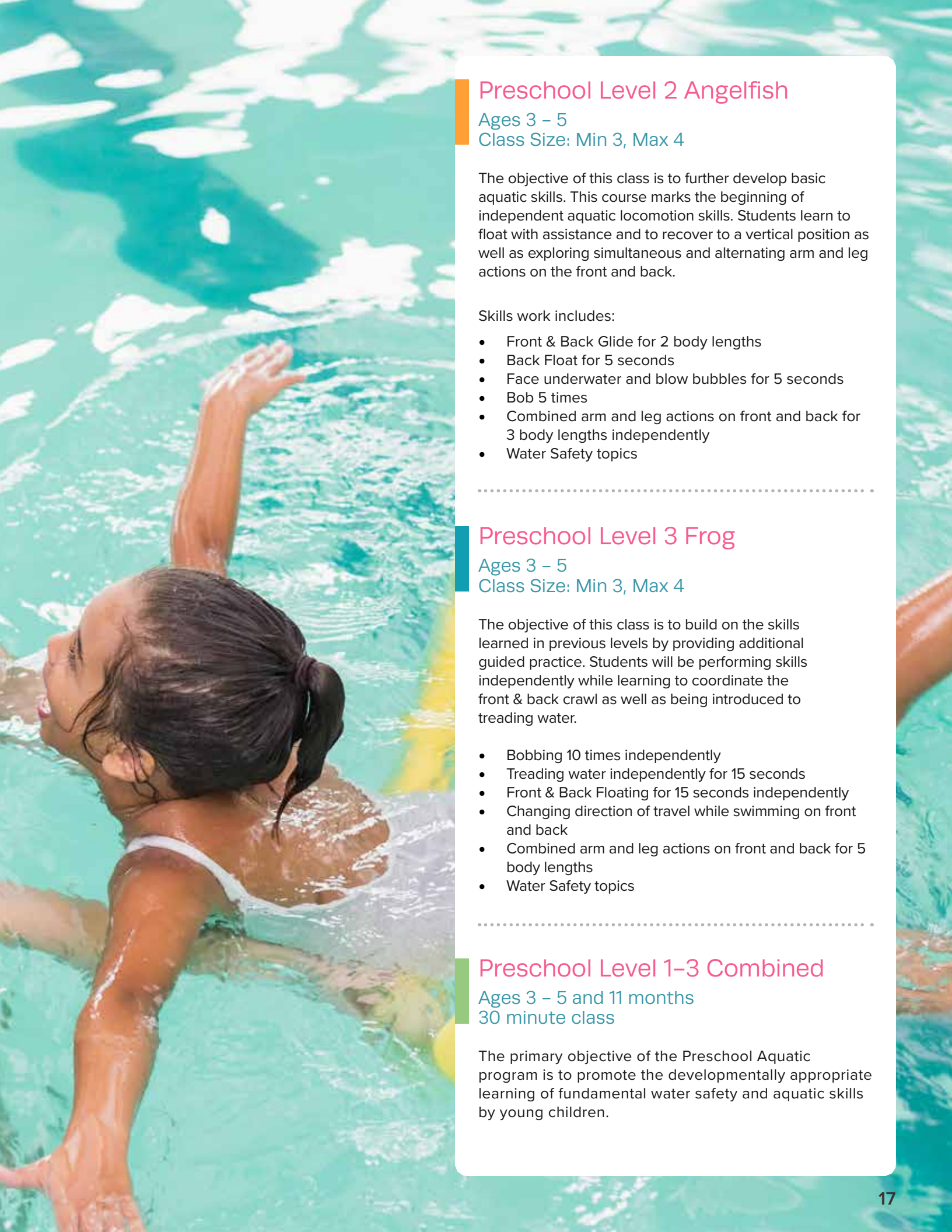
Class Size: Min 3, Max 4

The objective of this class is to help students feel comfortable in the water and to enjoy the water safely. Students will learn elementary aquatic skills which students will build on as they progress through the levels developing positive attitudes and safe practices in, on, and around the water.

Students will focus on the following skills:

- Enter/Exit the pool safely
- Front Glide with support
- Combined arm and leg action on front and back for 5 yards
- Face in water and blow bubbles for 3 seconds
- Back Float with support
- Water safety topics





Preschool Level 2 Angelfish

Ages 3 – 5

Class Size: Min 3, Max 4

The objective of this class is to further develop basic aquatic skills. This course marks the beginning of independent aquatic locomotion skills. Students learn to float with assistance and to recover to a vertical position as well as exploring simultaneous and alternating arm and leg actions on the front and back.

Skills work includes:

- Front & Back Glide for 2 body lengths
 - Back Float for 5 seconds
 - Face underwater and blow bubbles for 5 seconds
 - Bob 5 times
 - Combined arm and leg actions on front and back for 3 body lengths independently
 - Water Safety topics
-

Preschool Level 3 Frog

Ages 3 – 5

Class Size: Min 3, Max 4

The objective of this class is to build on the skills learned in previous levels by providing additional guided practice. Students will be performing skills independently while learning to coordinate the front & back crawl as well as being introduced to treading water.

- Bobbing 10 times independently
 - Treading water independently for 15 seconds
 - Front & Back Floating for 15 seconds independently
 - Changing direction of travel while swimming on front and back
 - Combined arm and leg actions on front and back for 5 body lengths
 - Water Safety topics
-

Preschool Level 1–3 Combined

Ages 3 – 5 and 11 months

30 minute class

The primary objective of the Preschool Aquatic program is to promote the developmentally appropriate learning of fundamental water safety and aquatic skills by young children.

Level 1 Guppy

Ages 6 – 12

Class Size: Min 4, Max 5

Introduction to Water Skills: The objective of this class is to help students feel comfortable in the water and to enjoy the water safely. Students will learn elementary aquatic skills which students will build on as they progress through the levels developing positive attitudes and safe practices in, on, and around the water.

- Enter/Exit the pool safely
 - Front Glide with assistance
 - Roll from front to back
 - Blow bubbles for 3 seconds
 - Back Float with assistance
 - Bob 5 times
 - Water Safety topics
-

Level 2 Goldfish

Ages 6 – 12

Class Size: Min 4, Max 5

Fundamental Aquatic Skills: This course marks the beginning of true locomotion skills which are performed independently laying the foundation for future strokes. Students learn self-help practices and basic rescue skills.

- Front & Back Float for 15 seconds
- Front & Back Glide for 3 body lengths
- Bob 10 times
- Front Crawl with side breathing & Back Crawl for 5 body lengths.
- Elementary Backstroke kicks & dolphin kicks for 5 body lengths.
- Treading for 15 seconds
- Water Safety topics





Level 3 Penguin

Ages 6 – 12

Class Size: Min 4, Max 6

Stroke Development: The objective of this class is to build on the skills learned in previous levels by providing additional guided practice. Students are also introduced to the elementary backstroke and elements of the breaststroke and sidestroke, as well as headfirst entries. Additional safety skills are introduced. **Prerequisites:** Ownership of level 2 certification or ability to demonstrate all skills required to pass level 2.

- 15 yards Front Crawl , Back Crawl & Elementary Backstroke
 - 15 yards: Dolphin, Scissor, and Breaststroke kicks
 - Tread water for 60 seconds
 - Treading and Back Float for 60 seconds
 - Water Safety topics
-

Learn-to-Swim

Level 1-6 Combined

Ages 4 – 6

40 minute class

The Learn-to-Swim program is designed to teach aquatic and personal water safety skills in a logical progression within six levels. Students will begin by learning basic skills and as they progress through the levels, they will refine the different strokes and build endurance. Safety education is a vital element incorporated into each lesson to promote safe behaviors in, on, and around different aquatic environments.

Level 4 Seahorse

Ages 6 – 12

Class Size: Min 4, Max 6

Stroke Improvement: The objective of this class is for participants to improve their aquatic skills and increase their confidence by swimming the strokes learned in previous levels for greater distances and with more advanced proficiency. Students will be introduced to breaststroke, butterfly, sidestroke, and basic turns at the wall, additional diving and safety assists. Prerequisites: Ownership of level 3 certification or ability to demonstrate all skills required to pass level 3.

- Front Crawl, Elementary Backstroke, and Back Crawl for 25 yards
 - Tread water for 2 minutes with 2 different kicks
 - Breaststroke, Butterfly, and Sidestroke for 15 yards
 - Open turns
-

Level 5 Seal

Ages 6 – 12

Class Size: Min 4, Max 6

Stroke Refinement: The objective of this class is to coordinate and refine strokes learned in previous levels. Students will increase distance and be introduced to flip turns on the front and back. Additional diving and safety skills are introduced. Prerequisites: Ownership of level 4 certification or ability to demonstrate all skills required to pass level 4.

- Front Crawl, Elementary Backstroke, and Back Crawl for 50 yards
 - Surface Dives
 - Tread water with no arms for 2 minutes with 2 different kicks
 - Breaststroke, Butterfly, and Sidestroke for 25 yards
 - Flip Turns
-

Level 6 Dolphin

Ages 6 – 12

Class Size: Min 4, Max 6

Swimming and skill proficiency: The objective of this class is for students to refine their strokes in order to swim with more ease, efficiency, and smoothness over greater distances. This class will have an emphasis on personal water safety and fitness components. This class will focus on preparing students to participate in advanced courses, such as Water Safety Instructor and Lifeguard Training. Prerequisites include ownership of a Level V certificate or ability to demonstrate the skills required to pass Level 5.

- Front Crawl, Back Crawl & Elementary Backstroke for 100 yards
- Surface Dives
- Tread water kicking only
- Breaststroke, Butterfly, and Sidestroke (2 sides) for 50 yards
- Training Techniques



Adult and Teen Classes

Adult Beginner

Ages 18 and older

Class Size: Min 4, Max 8

40 minute class

This class is designed for individuals that do not feel completely comfortable in the water or for anyone that would like to learn and improve the basic swimming strokes.

Fitness Swimmer

Ages 16 and older

Class Size: Min 4, Max 8

40 minute class

The objective of this class is to improve stroke technique and is intended for individuals who are comfortable in swimming both front and back crawl. Swimmers will have the ability to refine their and learn new strokes in order to swim with more ease, efficiency, and smoothness over greater distances.

Teen Swimmer

Ages 13 and older

Class Size: Min 4, Max 8

40 minute class

This class is designed for teens of varying skill and ability. Teens with little or no knowledge of swimming will have the chance to improve their swimming by learning basic front crawl and back crawl. Teens with the basic knowledge will have the chance to improve strokes and learn elements of butterfly and breaststroke. This class is great for teens wanting to become a lifeguard, allowing teens the chance to practice all required skills to pass the prerequisites for lifeguard class.

Basic/Lifeguard

- Front Crawl with side breathing
- Back Crawl
- Scissor Kick
- Breaststroke Kick
- Surface dives

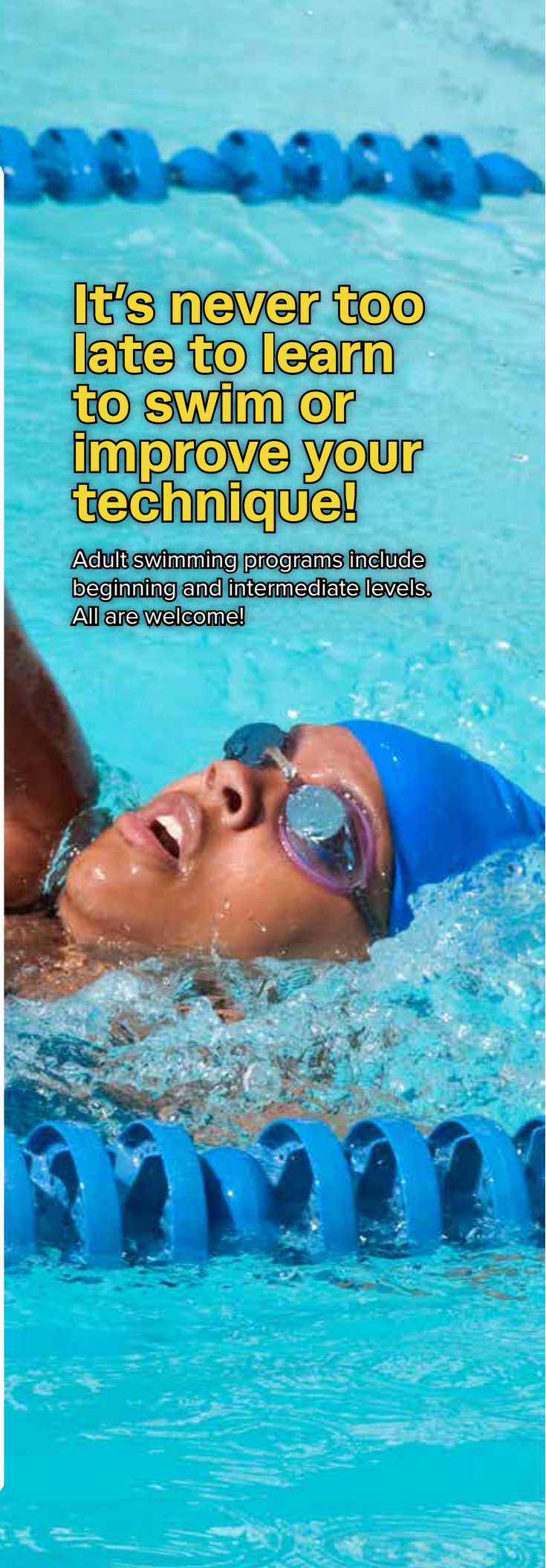
Skills Improvements

- Elementary Backstroke
- Butterfly
- Sidestroke
- Open & Flip turns

-
- All Adult and Teen programs are held at Deep Eddy Pool
 - Please check p. 24 for session dates and times

It's never too late to learn to swim or improve your technique!

Adult swimming programs include beginning and intermediate levels. All are welcome!



Spring Session: May 13 – 24, 2019 – Registration opens March 4, 2019

Northwest Pool

Class meets Monday, Tuesday, Wednesday, Thursday

Level	Time	Session #
Parent and Child	4:30 PM - 5:00 PM	560206.01
Preschool 1	4:30 PM - 5:00 PM	562206.01
Preschool 2 - 3	4:30 PM - 5:00 PM	562206.02
Preschool 1	5:10 PM - 5:40 PM	562206.03
Preschool 2 - 3	5:10 PM - 5:40 PM	562206.04
Learn to Swim 1 - 2	5:50 PM - 6:30 PM	563206.01
Learn to Swim 3 - 4	5:50 PM - 6:30 PM	563206.02
Learn to Swim 3 - 4	6:40 PM - 7:20 PM	563206.03
Learn to Swim 5 - 6	6:40 PM - 7:20 PM	563206.04
Adult Beginner	6:40 PM - 7:20 PM	565206.09
Fitness Swimmer	6:40 PM - 7:20 PM	565206.10

Garrison Pool

Class meets Monday, Tuesday, Wednesday, Thursday

Level	Time	Session #
Parent and Child	4:30 PM - 5:00 PM	560206.02
Preschool 1	4:30 PM - 5:00 PM	562206.05
Preschool 2 - 3	4:30 PM - 5:00 PM	562206.06
Preschool 1	5:10 PM - 5:40 PM	562206.07
Preschool 2 - 3	5:10 PM - 5:40 PM	562206.08
Learn to Swim 1 - 2	5:50 PM - 6:30 PM	563206.05
Learn to Swim 3 - 4	5:50 PM - 6:30 PM	563206.06
Learn to Swim 3 - 4	6:40 PM - 7:20 PM	563206.07
Learn to Swim 5 - 6	6:40 PM - 7:20 PM	563206.08
Adult Beginner	6:40 PM - 7:20 PM	565206.21
Fitness Swimmer	6:40 PM - 7:20 PM	565206.22

Summer Sessions – Registration begins April 1, 2019

Session 1	Session 2	Session 3	Session 4	Session 5
June 3 - June 14	June 17 - June 28	July 1 - July 12	July 15 - July 26	July 29 - August 9

Balcones Pool

Class meets Tuesday, Wednesday, Thursday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Preschool 1	10:15 AM - 10:45 AM	562201.28	562202.28	562203.28	562204.28	562205.28
Preschool 2	10:15 AM - 10:45 AM	562201.29	562202.29	562203.29	562204.29	562205.29
Preschool 3	10:55 AM - 11:25 AM	562201.30	562202.30	562203.30	562204.30	562205.30
Learn to Swim 1	10:55 AM - 11:35 AM	563201.43	563202.43	563203.43	563204.43	563205.43
Learn to Swim 2	11:45 AM - 12:25 PM	563201.44	563202.44	563203.44	563204.44	563205.44
Learn to Swim 3	11:45 AM - 12:25 PM	563201.45	563202.45	563203.45	563204.45	563205.45
Parent & Child	5:50 PM - 6:20 PM	561201.18	561202.18	561203.18	561204.18	561205.18
Preschool 1	5:50 PM - 6:20 PM	562201.31	562202.31	562203.31	562204.31	562205.31
Learn to Swim 1	6:30 PM - 7:10 PM	563201.46	563202.46	563203.46	563204.46	563205.46
Learn to Swim 2	6:30 PM - 7:10 PM	563201.47	563202.47	563203.47	563204.47	563205.47
Learn to Swim 3	7:20 PM - 8:00 PM	563201.48	563202.48	563203.48	563204.48	563205.48
Learn to Swim 4	7:20 PM - 8:00 PM	563201.49	563202.49	563203.49	563204.49	563205.49

Bartholomew Pool

Class meets Monday, Tuesday, Wednesday, Thursday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Parent & Child	9:00 AM - 9:30 AM	561201.16	561202.16	561203.16	561204.16	561205.16
Preschool 1	9:00 AM - 9:30 AM	562201.17	562202.17	562203.17	562204.17	562205.17
Preschool 2	9:00 AM - 9:30 AM	562201.18	562202.18	562203.18	562204.18	562205.18
Preschool 3	9:40 AM - 10:10 AM	562201.19	562202.19	562203.19	562204.19	562205.19
Learn To Swim 1	9:40 AM - 10:20 AM	563201.22	563202.22	563203.22	563204.22	563205.22
Learn To Swim 4	9:40 AM - 10:20 AM	563201.23	563202.23	563203.23	563204.23	563205.23
Learn To Swim 2	10:30 AM - 11:10 AM	563201.24	563202.24	563203.24	563204.24	563205.24
Learn To Swim 3	10:30 AM - 11:10 AM	563201.25	563202.25	563203.25	563204.25	563205.25
Learn To Swim 5-6	10:30 AM - 11:10 AM	563201.26	563202.26	563203.26	563204.26	563205.26

Summer Sessions – Registration begins April 1, 2019

Canyon Vista Pool

Class meets Monday, Tuesday, Wednesday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Preschool 1-3	5:20 PM - 5:50 PM	562201.26	562202.26	562203.26	562204.26	562205.26
Learn to Swim 1-3	6:00 PM - 6:40 PM	563201.41	563202.41	563203.41	563204.41	563205.41
Preschool 1-3	6:50 PM - 7:20 PM	562201.27	562202.27	562203.27	562204.27	562205.27
Learn to Swim 4-6	7:30 PM - 8:00 PM	563201.42	563202.42	563203.42	563204.42	563205.42

Deep Eddy Pool

Class meets Monday, Tuesday, Wednesday, Thursday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Teen Swimmer	5:40 PM - 6:20 PM	564201.02	564202.02	564203.02	564204.02	564205.02
Adult Swimmer	6:30 PM - 7:10 PM	565207.03	565207.07	565207.11	565207.15	565207.19
Fitness Swimmer	7:20 PM - 8:00 PM	565207.04	565207.08	565207.12	565207.16	565207.20



Summer Sessions – Registration begins April 1, 2019

Dick Nichols Pool

Class meets Tuesday, Wednesday, Thursday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Parent & Child	8:30 AM - 9:00 AM	561201.20	561202.20	561203.20	561204.20	561205.20
Preschool 1	8:30 AM - 9:00 AM	562201.44	562202.44	562203.44	562204.44	562205.44
Preschool 2	8:30 AM - 9:00 AM	562201.45	562202.45	562203.45	562204.45	562205.45
Preschool 3	8:30 AM - 9:00 AM	562201.46	562202.46	562203.46	562204.46	562205.46
Learn To Swim 1	9:10 AM - 9:50 AM	563201.63	563202.63	563203.63	563204.63	563205.63
Learn To Swim 2	9:10 AM - 9:50 AM	563201.64	563202.64	563203.64	563204.64	563205.64
Learn To Swim 3	9:10 AM - 9:50 AM	563201.65	563202.65	563203.65	563204.65	563205.65
Learn To Swim 4	9:10 AM - 9:50 AM	563201.66	563202.66	563203.66	563204.66	563205.66
Parent & Child	10:00 AM - 10:30 AM	561201.21	561202.21	561203.21	561204.21	561205.21
Preschool 1	10:00 AM - 10:30 AM	562201.47	562202.47	562203.47	562204.47	562205.47
Preschool 2	10:00 AM - 10:30 AM	562201.48	562202.48	562203.48	562204.48	562205.48
Preschool 3	10:00 AM - 10:30 AM	562201.49	562202.49	562203.49	562204.49	562205.49
Learn To Swim 1	10:40 AM - 11:20 AM	563201.67	563202.67	563203.67	563204.67	563205.67
Learn To Swim 2	10:40 AM - 11:20 AM	563201.68	563202.68	563203.68	563204.68	563205.68
Learn To Swim 3	10:40 AM - 11:20 AM	563201.69	563202.69	563203.69	563204.69	563205.69
Learn To Swim 4	10:40 AM - 11:20 AM	563201.70	563202.70	563203.70	563204.70	563205.70
Parent & Child	5:20 PM - 5:50 PM	561201.22	561202.22	561203.22	561204.22	561205.22
Preschool 1	5:20 PM - 5:50 PM	562201.50	562202.50	562203.50	562204.50	562205.50
Preschool 2	5:20 PM - 5:50 PM	562201.51	562202.51	562203.51	562204.51	562205.51
Preschool 3	5:20 PM - 5:50 PM	562201.52	562202.52	562203.52	562204.52	562205.52
Learn To Swim 1	6:00 PM - 6:40 PM	563201.71	563202.71	563203.71	563204.71	563205.71
Learn To Swim 2	6:00 PM - 6:40 PM	563201.72	563202.72	563203.72	563204.72	563205.72
Learn To Swim 3	6:00 PM - 6:40 PM	563201.73	563202.73	563203.73	563204.73	563205.73
Learn To Swim 4	6:00 PM - 6:40 PM	563201.74	563202.74	563203.74	563204.74	563205.74
Parent & Child	6:50 PM - 7:10 PM	561201.23	561202.23	561203.23	561204.23	561205.23
Preschool 1	6:50 PM - 7:10 PM	562201.53	562202.53	562203.53	562204.53	562205.53
Preschool 2	6:50 PM - 7:10 PM	562201.54	562202.54	562203.54	562204.54	562205.54
Preschool 3	6:50 PM - 7:10 PM	562201.55	562202.55	562203.55	562204.55	562205.55
Learn To Swim 2	7:20 PM - 8:00 PM	563201.75	563202.75	563203.75	563204.75	563205.75
Learn To Swim 3	7:20 PM - 8:00 PM	563201.76	563202.76	563203.76	563204.76	563205.76
Learn To Swim 4	7:20 PM - 8:00 PM	563201.77	563202.77	563203.77	563204.77	563205.77
Learn To Swim 5-6	7:20 PM - 8:00 PM	563201.78	563202.78	563203.78	563204.78	563205.78

Summer Sessions – Registration begins April 1, 2019

Dittmar Pool

Class meets Monday, Wednesday, Thursday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Preschool 1	10:00 AM - 10:30 AM	562201.04	562202.04	562203.04	562204.04	562205.04
Preschool 2	10:00 AM - 10:30 AM	562201.05	562202.05	562203.05	562204.05	562205.05
Preschool 3	10:40 AM - 11:10 AM	562201.06	562202.06	562203.06	562204.06	562205.06
Learn To Swim 1	10:40 AM - 11:20 AM	563201.04	563202.04	563203.04	563204.04	563205.04
Learn To Swim 2	11:30 AM - 12:10 PM	563201.05	563202.05	563203.05	563204.05	563205.05
Learn To Swim 3	11:30 AM - 12:10 PM	563201.06	563202.06	563203.06	563204.06	563205.06
Teen Swimmer	5:50 PM - 6:30 PM	564201.01	564202.01	564203.01	564204.01	564205.01
Parent & Child	6:00 PM - 6:30 PM	561201.08	561202.08	561203.08	561204.08	561205.08
Adult Swimmer	6:40 PM - 7:20 PM	565207.01	565207.05	565207.09	565207.13	565207.17
Learn To Swim 4	6:40 PM - 7:20 PM	563201.07	563202.07	563203.07	563204.07	563205.07
Fitness Swimmer	7:30 PM - 8:10 PM	565207.02	565207.06	565207.10	565207.14	565207.18
Learn To Swim 5-6	7:30 PM - 8:10 PM	563201.08	563202.08	563203.08	563204.08	563205.08

Dove Springs Pool

Class meets Monday, Tuesday, Wednesday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Parent & Child	8:30 AM - 9:00 AM	561201.09	561202.09	561203.09	561204.09	561205.09
Preschool 1-3	8:30 AM - 9:00 AM	562201.07	562202.07	562203.07	562204.07	562205.07
Preschool 1-3	9:10 AM - 9:40 AM	562201.08	562202.08	562203.08	562204.08	562205.08
Learn To Swim 1-6	9:10 AM - 9:50 AM	563201.09	563202.09	563203.09	563204.09	563205.09
Parent & Child	5:30 PM - 6:00 PM	561201.10	561202.10	561203.10	561204.10	561205.10
Preschool 1-3	5:30 PM - 6:00 PM	562201.09	562202.09	562203.09	562204.09	562205.09
Preschool 1-3	6:10 PM - 6:40 PM	562201.10	562202.10	562203.10	562204.10	562205.10
Learn To Swim 1-6	6:10 PM - 6:50 PM	563201.10	563202.10	563203.10	563204.10	563205.10

Garrison Pool

Class meets Monday, Tuesday, Thursday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Preschool 1	9:00 AM - 9:30 AM	562201.23	562202.23	562203.23	562204.23	562205.23
Preschool 2	9:00 AM - 9:30 AM	562201.24	562202.24	562203.24	562204.24	562205.24
Preschool 3	9:40 AM - 10:10 AM	562201.25	562202.25	562203.25	562204.25	562205.25
Learn To Swim 1	9:40 AM - 10:20 AM	563201.32	563202.32	563203.32	563204.32	563205.32
Learn To Swim 2	10:30 AM - 11:10 AM	563201.33	563202.33	563203.33	563204.33	563205.33
Learn To Swim 3	10:30 AM - 11:10 AM	563201.34	563202.34	563203.34	563204.34	563205.34
Learn To Swim 1	5:40 PM - 6:10 PM	563201.35	563202.35	563203.35	563204.35	563205.35
Learn To Swim 2	5:40 PM - 6:10 PM	563201.36	563202.36	563203.36	563204.36	563205.36
Learn To Swim 2	6:20 PM - 7:00 PM	563201.37	563202.37	563203.37	563204.37	563205.37
Learn To Swim 3	6:20 PM - 7:00 PM	563201.38	563202.38	563203.38	563204.38	563205.38
Learn To Swim 4	7:10 PM - 7:50 PM	563201.39	563202.39	563203.39	563204.39	563205.39
Learn To Swim 5-6	7:10 PM - 7:50 PM	563201.40	563202.40	563203.40	563204.40	563205.40

Summer Sessions – Registration begins April 1, 2019

Gillis Pool

Class meets Monday, Tuesday, Thursday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Preschool 1-3	5:30 PM - 6:00 PM	N/A	562202.16	562203.16	562204.16	562205.16
Learn To Swim 1-6	6:10 PM - 6:50 PM	N/A	563202.21	563203.21	563204.21	563205.21

Givens Pool

Class meets Monday, Wednesday, Thursday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Parent & Child	9:00 AM - 9:30 AM	561201.01	561202.01	561203.01	561204.01	561205.01
Preschool 1-3	9:40 AM - 10:10 AM	562201.01	562202.01	562203.01	562204.01	562205.01
Parent & Child	10:20 AM - 10:40 AM	561201.02	561202.02	561203.02	561204.02	561205.02
Learn To Swim 1-6	10:50 AM - 11:30 AM	563201.01	563202.01	563203.01	563204.01	563205.01

Mabel Davis Pool

Class meets Tuesday, Wednesday, Thursday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Parent & Child	5:00 PM - 5:30 PM	561201.13	561202.13	561203.13	561204.13	561205.13
Preschool 1-3	5:00 PM - 5:30 PM	562201.13	562202.13	562203.13	562204.13	562205.13
Learn To Swim 1-3	5:40 PM - 6:20 PM	563201.15	563202.15	563203.15	563204.15	563205.15
Learn To Swim 4-6	5:40 PM - 6:20 PM	563201.16	563202.16	563203.16	563204.16	563205.16
Parent & Child	6:30 PM - 7:00 PM	561201.14	561202.14	561203.14	561204.14	561205.14
Preschool 1-3	6:30 PM - 7:00 PM	562201.14	562202.14	562203.14	562204.14	562205.14
Learn To Swim 1-3	7:10 PM - 7:50 PM	563201.17	563202.17	563203.17	563204.17	563205.17
Learn To Swim 4-6	7:10 PM - 7:50 PM	563201.18	563202.18	563203.18	563204.18	563205.18

Metz Pool

Class meets Monday, Tuesday, Wednesday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Parent & Child	5:30 PM - 6:00 PM	N/A	561202.15	561203.15	561204.15	561205.15
Learn To Swim 1-3	6:10 PM - 6:50 PM	N/A	563202.19	563203.19	563204.19	563205.19
Learn To Swim 4-6	7:00 PM - 7:40 PM	N/A	563202.20	563203.20	563204.20	563205.20

Summer Sessions – Registration begins April 1, 2019

Montopolis Pool

Class meets Monday, Wednesday, Thursday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Parent & Child	8:15 AM - 8:45 AM	561201.11	561202.11	561203.11	561204.11	561205.11
Preschool 1-3	8:55 AM - 9:25 AM	562201.11	562202.11	562203.11	562204.11	562205.11
Learn To Swim 1-3	9:35 AM - 10:15 AM	563201.11	563202.11	563203.11	563204.11	563205.11
Learn To Swim 4-6	10:20 AM - 11:00 AM	563201.12	563202.12	563203.12	563204.12	563205.12
Parent & Child	5:15 PM - 5:45 PM	561201.12	561202.12	561203.12	561204.12	561205.12
Preschool 1-3	5:55 PM - 6:25 PM	562201.12	562202.12	562203.12	562204.12	562205.12
Learn To Swim 1-3	6:25 PM - 7:05 PM	563201.13	563202.13	563203.13	563204.13	563205.13
Learn To Swim 4-6	7:15 PM - 7:55 PM	563201.14	563202.14	563203.14	563204.14	563205.14

Murchison Pool

Class meets Tuesday, Wednesday, Thursday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Preschool 1	5:15 PM - 5:45 PM	562201.56	562202.56	562203.56	562204.56	562205.56
Preschool 2	5:55 PM - 6:25 PM	562201.57	562202.57	562203.57	562204.57	562205.57
Preschool 3	6:35 PM - 7:15 PM	562201.58	562202.58	562203.58	562204.58	562205.58
Learn To Swim 1	7:20 PM - 8:00 PM	563201.79	563202.79	563203.79	563204.79	563205.79

Northwest Pool

Class meets Monday, Tuesday, Wednesday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Preschool 1	9:00 - 9:30	562201.38	562202.38	562203.38	562204.38	562205.38
Preschool 2	9:00 - 9:30	562201.39	562202.39	562203.39	562204.39	562205.39
Preschool 3	9:40 - 10:10	562201.40	562202.40	562203.40	562204.40	562205.40
Learn To Swim 1	9:40 - 10:20	563201.57	563202.57	563203.57	563204.57	563205.57
Learn To Swim 2	10:30 - 11:10	563201.58	563202.58	563203.58	563204.58	563205.58
Learn To Swim 3	10:30 - 11:10	563201.59	563202.59	563203.59	563204.59	563205.59
Preschool 1	5:00 - 5:30p	562201.41	562202.41	562203.41	562204.41	562205.41
Preschool 2	5:00 - 5:30p	562201.42	562202.42	562203.42	562204.42	562205.42
Preschool 3	5:40 - 6:10p	562201.43	562202.43	562203.43	562204.43	562205.43
Learn To Swim 1	5:40 - 6:20p	563201.60	563202.60	563203.60	563204.60	563205.60
Learn To Swim 2	6:30 - 7:10p	563201.61	563202.61	563203.61	563204.61	563205.61
Learn To Swim 3	6:30 - 7:10p	563201.62	563202.62	563203.62	563204.62	563205.62

Summer Sessions – Registration begins April 1, 2019

Ramsey Pool

Class meets Monday, Tuesday, Wednesday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Preschool 1	5:30 PM - 6:00 PM	562201.59	562202.59	562203.59	562204.59	562205.59
Preschool 2	5:30 PM - 6:00 PM	562201.60	562202.60	562203.60	562204.60	562205.60
Learn To Swim 1	6:10 PM - 6:50 PM	563201.80	563202.80	563203.80	563204.80	563205.80
Learn To Swim 2	6:10 PM - 6:50 PM	563201.81	563202.81	563203.81	563204.81	563205.81
Learn To Swim 3-4	7:00 PM - 7:40 PM	563201.82	563202.82	563203.82	563204.82	563205.82

Rosewood Pool

Class meets Tuesday, Wednesday, Thursday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Parent & Child	9:00 AM - 9:30 AM	561201.06	561202.06	561203.06	561204.06	561205.06
Preschool 1-3	9:40 AM - 10:20 AM	562201.02	562202.02	562203.02	562204.02	562205.02
Learn To Swim 1-6	10:30 AM - 11:10 AM	563201.02	563202.02	563203.02	563204.02	563205.02
Preschool 1-3	5:30 PM - 6:00 PM	562201.03	562202.03	562203.03	562204.03	562205.03
Parent & Child	6:10 PM - 6:40 PM	561201.07	561202.07	561203.07	561204.07	561205.07
Learn To Swim 1-6	6:50 PM - 7:30 PM	563201.03	563202.03	563203.03	563204.03	563205.03

Springwoods Pool

Class meets Monday, Wednesday, Thursday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Preschool 1-3	6:00 PM - 6:30 PM	562201.67	562202.67	562203.67	562204.67	562205.67
Learn to Swim 1-3	6:00 PM - 6:40 PM	563201.94	563202.94	563203.94	563204.94	563205.94
Preschool 1-3	6:40 PM - 7:10 PM	562201.68	562202.68	562203.68	562204.68	562205.68
Learn to Swim 4-6	6:50 PM - 7:30 PM	563201.95	563202.95	563203.95	563204.95	563205.95

Summer Sessions – Registration begins April 1, 2019

Walnut Creek Pool

Class meets Monday, Tuesday, Thursday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Parent & Child	9:00 AM - 9:30 AM	561201.19	561202.19	561203.19	561204.19	561205.19
Preschool 1	9:00 AM - 9:30 AM	562201.32	562202.32	562203.32	562204.32	562205.32
Preschool 2	9:40 AM - 10:10 AM	562201.33	562202.33	562203.33	562204.33	562205.33
Preschool 3	9:40 AM - 10:10 AM	562201.34	562202.34	562203.34	562204.34	562205.34
Learn To Swim 1	10:20 AM - 11:00 AM	563201.50	563202.50	563203.50	563204.50	563205.50
Learn To Swim 2	10:20 AM - 11:00 AM	563201.51	563202.51	563203.51	563204.51	563205.51
Preschool 1	5:00 PM - 5:30 PM	562201.35	562202.35	562203.35	562204.35	562205.35
Preschool 2	5:00 PM - 5:30 PM	562201.36	562202.36	562203.36	562204.36	562205.36
Preschool 3	5:40 PM - 6:10 PM	562201.37	562202.37	562203.37	562204.37	562205.37
Learn To Swim 1	5:40 PM - 6:20 PM	563201.52	563202.52	563203.52	563204.52	563205.52
Learn To Swim 2	6:30 PM - 7:10 PM	563201.53	563202.53	563203.53	563204.53	563205.53
Learn To Swim 3	6:30 PM - 7:10 PM	563201.54	563202.54	563203.54	563204.54	563205.54
Learn To Swim 4	7:20 PM - 8:00 PM	563201.55	563202.55	563203.55	563204.55	563205.55
Learn To Swim 5-6	7:20 PM - 8:00 PM	563201.56	563202.56	563203.56	563204.56	563205.56

Westenfield Pool

Class meets Monday, Tuesday, Thursday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Parent & Child	10:15 AM - 10:45 AM	561201.24	561202.24	561203.24	561204.24	561205.24
Preschool 1	10:15 AM - 10:45 AM	562201.61	562202.61	562203.61	562204.61	562205.61
Preschool 2	10:15 AM - 10:45 AM	562201.62	562202.62	562203.62	562204.62	562205.62
Preschool 3	10:55 AM - 11:25 AM	562201.63	562202.63	562203.63	562204.63	562205.63
Learn To Swim 1	10:55 AM - 11:35 AM	563201.84	563202.84	563203.84	563204.84	563205.84
Learn To Swim 2	10:55 AM - 11:35 AM	563201.85	563202.85	563203.85	563204.85	563205.85
Learn To Swim 3	11:45 AM - 12:40 PM	563201.86	563202.86	563203.86	563204.86	563205.86
Learn To Swim 4	11:45 AM - 12:40 PM	563201.87	563202.87	563203.87	563204.87	563205.87
Learn To Swim 5-6	11:45 AM - 12:40 PM	563201.88	563202.88	563203.88	563204.88	563205.88
Parent & Child	5:30 PM - 6:00 PM	561201.25	561202.25	561203.25	561204.25	561205.25
Preschool 1	5:30 PM - 6:00 PM	562201.64	562202.64	562203.64	562204.64	562205.64
Preschool 2	5:30 PM - 6:00 PM	562201.65	562202.65	562203.65	562204.65	562205.65
Preschool 3	6:10 PM - 6:40 PM	562201.66	562202.66	562203.66	562204.66	562205.66
Learn To Swim 1	6:10 PM - 6:50 PM	563201.89	563202.89	563203.89	563204.89	563205.89
Learn To Swim 2	6:10 PM - 6:50 PM	563201.90	563202.90	563203.90	563204.90	563205.90
Learn To Swim 3	7:00 PM - 7:40 PM	563201.91	563202.91	563203.91	563204.91	563205.91
Learn To Swim 4	7:00 PM - 7:40 PM	563201.92	563202.92	563203.92	563204.92	563205.92
Learn To Swim 5-6	7:00 PM - 7:40 PM	563201.93	563202.93	563203.93	563204.93	563205.93

Alternative Programs – Registration begins April 1, 2019



Junior Guard

Ages 11 – 14

Class Size: Min 5, Max 15

2 hour class

Class meets Monday, Tuesday, Wednesday, Friday

This program is designed to provide participants with a basic introduction to lifeguarding and fitness. Specialized training will include swimming, running and classroom activities which are individualized for participant's fitness levels. Each week will conclude with games based on the materials learned during the course. All classes will meet at Deep Eddy Pool, and will take place at Deep Eddy Pool, Lady Bird Lake Hike and Bike Trail, Barton Springs Pool or the Aquatic Office. Training sessions are progressive and each student is encouraged to attend all sessions for maximum benefit. For more information, please contact: aquaticsoffice@austintexas.gov.

Dates	Time	Location	Session #	Curriculum
June 10 - 14	2:00 PM - 4:00 PM	Deep Eddy Pool	Session 1 - 563240.01	Welcome Week
June 24 - 28	2:00 PM - 4:00 PM	Deep Eddy Pool	Session 2 - 563240.02	Intro To Lifeguarding
July 8 - 12	2:00 PM - 4:00 PM	Deep Eddy Pool	Session 3 - 563240.03	Barton Springs Week
July 22 - 26	2:00 PM - 4:00 PM	Deep Eddy Pool	Session 4 - 563240.04	Safety/EMS Week
August 5 - 9	2:00 PM - 4:00 PM	Deep Eddy Pool	Session 5 - 563240.05	Competition Week



Masters Swim

Ages 18 and over | Prerequisite: Ability to swim 2 lengths

Class Size: Min 5, Max 15

1 hour class

Class meets Monday, Wednesday, Friday

The City of Austin Masters Swim team is an adult fitness program for lap swimmers, fitness swimmers, triathletes, and adults who are dedicated to improving their fitness through swimming. We have regularly scheduled workouts with a qualified swim coach who develops different workouts for different groups of swimmers. The Coach will work with each swimmer to improve her or his swimming technique, both to improve performance and to avoid injury while training. Workouts focus on: fitness and endurance, proper form and technique, and maintaining race-paced swimming, kicking, drill work, pulling and fin work.

Dates	Time	Location	Session #
June 3 - June 14	8:00 AM - 9:00 AM	Northwest Pool	Session 1 - 565210.01
June 17 - June 28	8:00 AM - 9:00 AM	Northwest Pool	Session 2 - 565210.02
July 1 - July 12	8:00 AM - 9:00 AM	Northwest Pool	Session 3 - 565210.03
July 15 - July 26	8:00 AM - 9:00 AM	Northwest Pool	Session 4 - 565210.04
July 29 - August 9	8:00 AM - 9:00 AM	Northwest Pool	Session 5 - 565210.05

Snorkeling

Ages 8 and over

Class Size: Min 4, Max 10

40-minute class class

Class meets Wednesday and Friday

Snorkeling classes will meet at Barton Springs Pool for three weeks (six classes total). Students will learn to properly fit and clear a mask, clear a snorkel, safely explore Barton Springs Pool and care for snorkeling equipment. Students must have no fear of the water and be able to swim at least 25 yards. Mask and fins will be provided for use during class. For more information please contact: aquaticsoffice@austintexas.gov.

Dates	Time	Location	Session #
June 5 - June 21	10:00 AM - 10:40 AM	Barton Springs Pool	Session 1 - 563250.01
July 3 - July 19	10:00 AM - 10:40 AM	Barton Springs Pool	Session 2 - 563250.02
July 24 - August 9	10:00 AM - 10:40 AM	Barton Springs Pool	Session 3 - 563250.03

Aqua Yoga

Aqua yoga is a fun and gentle form of yoga. The pool is an ideal environment for stretching and strengthening. In the water, joints are supported, allowing free movement while also acting as resistance to help strengthen muscles. Aqua yoga combines balance, breath work, centering and flowing movements along with more stationary strengthening or stretching postures. Classic yoga poses are modified for the pool. No poses require going under the water. Students must be comfortable in the water but do not need to know how to swim. This class is open to ages 18 and up. People who benefit from Aqua Yoga include: Those with arthritis, balance issues, pre/post natal, weight issues, various sustained injuries, new to yoga, seasoned yogis looking to expand their practice and athletes looking to cool down and stretch. For more information or to register, go to austinaquayoga.com.

Special Olympics Swim Team

This program is designed to provide participants ages 8 and up with intellectual disabilities with an opportunity to practice and compete in the Special Olympics Area 13 Aquatics Competition. Specialized training will include all levels from basic skills to lap swimming in varying strokes. Training sessions are progressive and each participant is encouraged to attend all sessions for maximum benefit. In addition to a PARD registration form, a Special Olympics Medical form is required for competition. Please contact McBeth Recreation Center for more information (512) 974-9011.

Water Polo

Why not continue your kid's aquatics fun after the swim season with our summer league water polo program? Boys and girls of all levels (ages 7 on up) are welcome to come learn this Olympic sport in a fun and supportive environment. Water Polo combines the general fitness of swimming, the group fun of team sports, along with the dynamism of soccer and basketball. All you have to do is deliver your kids in their swim suit and let the fun begin! Austin Water Polo Club, is a nonprofit organization that has been providing water polo training and competition for all ages since 1993. This is our third year partnering with the city on this rapidly growing aquatics program. Our coaches are USA Water Polo certified and regularly work with beginners and players all the way up to national youth development programs. Look for practices and game days in North, Central, and South Austin beginning right after the City meet in July. Moms and Dads - we have adult programs as well! Drop us a line and let us tell you more. We look forward to hearing from you at: info@austinwaterpolo.org

Swim Team – Registration begins April 1, 2019

June 3 – July 13

The Recreational Swim Team Program is organized to develop the potential and serve the recreational needs of boys and girls who are interested in learning about competitive swimming. In addition to emphasizing good sportsmanship, team spirit, and lifelong fitness, the program aims to build swimmers' self-esteem through the enhancement of physical competence and mental fitness. Swimmers who have participated in a year-round organized program (example USA) are NOT eligible to participate in this program due to PARD's affiliation with the Texas Amateur Athletic Foundation (TAAF).

Fees:

Resident Fees: \$75.00*	Non-Resident Fees: \$87.25*
(\$70.00 swim team + a non-refundable \$5.00 TAAF fee) <i>*Fee includes team t-shirt</i>	(\$82.25 swim team + a non-refundable \$5.00 TAAF fee) <i>*Fee includes team t-shirt</i>

Prerequisites:

- Must be 5 to 17 years old.
- Swim 25 yards continuous freestyle (front crawl), exhibiting proficient breathing patterns.
- Swim 25 yards continuous backstroke (back crawl) or 25 yards continuous breaststroke, exhibiting proficient kick and body position.

Event Schedule:

Event	Date	Location
Neighborhood Meet 1	June 15	
Neighborhood Meet 2	June 22	
Neighborhood Meet 3	June 29	
Neighborhood Meet 4	July 13	
Dive Clinic	June 30	
TAAF Regional Swim Meet	July 6	Austin, TX
State Games of Texas	July 25 - July 28	College Station, TX

Visit TAAF.com for more information.



Stroke Clinic – Registration begins March 4, 2019

May 6 – May 24

The stroke clinic program is designed as a preseason opportunity to focus on proper stroke technique, turns and increase endurance for children 5 to 17 years of age.

Fees:

Resident Fees: \$57.00

Non-Resident Fees: \$66.00

Prerequisites:

- Swim 25 yards continuous freestyle (front crawl), exhibiting proficient breathing patterns.
- Swim 25 yards continuous backstroke (back crawl) or 25 yards continuous breaststroke, exhibiting proficient kick & body position.

Monday & Wednesday | Ages 10 and under

Pool	Time	Session
Northwest Pool	5:45 PM - 6:25 PM	565260.01
Northwest Pool	6:45 PM - 7:25 PM	565260.02
Garrison Pool	5:45 PM - 6:25 PM	565260.05
Garrison Pool	6:45 PM - 7:25 PM	565260.06

Tuesday & Thursday | Ages 11 – 17

Pool	Time	Session
Northwest Pool	5:45 PM - 6:25 PM	565260.03
Northwest Pool	6:45 PM - 7:25 PM	565260.04
Garrison Pool	5:45 PM - 6:25 PM	565260.07
Garrison Pool	6:45 PM - 7:25 PM	565260.08



Swim Team Locations & Schedules

On the first day of practice, participants will be split into two groups (A or B) based on age. The A group will meet for the first hour of practice, and the B group will meet for the second hour. If practice is only scheduled for 1 hour, both groups will practice during that time.

Swim Team	Closure Day	Location	Phone	Practice Time
Balcones Barracudas	Mondays	12017 Amherst Dr.	(512) 821-2053	8:00 AM - 10:00 AM
Bartholomew Bull Sharks	Fridays	1800 E. 51st St.	(512) 974-1650	10:00 AM - 12:00 PM
Brentwood Bluefish	Tuesdays	6710 Arroyo Seca St.	(512) 453-1725	10:00 AM - 12:00 PM
Canyon Vista Crocodiles	Thursdays	8455 Spicewood Springs	(512) 996-8038	8:00 AM - 10:00 PM
Dick Nichols Devil Rays Black	Mondays	8011 Beckett Dr.	(512) 899-0348	7:00 AM - 9:30 AM
Dick Nichols Devil Rays Red	Mondays	8011 Beckett Rd.	(512) 899-0348	9:30 AM - 12:00 PM
Dittmar Dolphins	Tuesdays	1009 W. Dittmar Rd.	(512) 693-4698	8:00 AM - 10:00 AM
Dottie Jordan Devil Fish	Wednesdays	2803 Loyola Dr.	(512) 929-7429	11:00 AM - 12:00 PM
Dove Springs Ducks	Thursdays	5701 Ainez Dr.	(512) 444-6136	7:00 PM - 8:00 PM
Givens Marlins	Tuesdays	2803 Loyola Dr.	(512) 929-7429	7:00 PM - 8:00 PM
Montopolis Eels	Tuesdays	1200 Montopolis Dr.	(512) 385-9023	7:00 PM - 8:00 PM
Murchison Man-o-Wars	Mondays	3700 North Hills Dr.	(512) 241-0618	8:00 AM - 10:00 AM
Patterson Piranhas	Wednesdays	1400 Wilshire Blvd.	(512) 542-9685	7:00 PM - 9:00 PM
Ramsey Redfish	Thursdays	4201 Burnet Rd.	(512) 380-9131	10:00 AM - 12:00 PM
Reed Rays	Tuesdays	2600 Pecos St.	(512) 542-9782	8:00 AM - 10:00 AM
Rosewood Hurricanes	Mondays	1182 Pleasant Valley Rd.	(512) 473-8469	8:00 AM - 9:00 AM
Stacy Sharks	Mondays	700 E. Live Oak St.	(512) 445-0304	8:00 AM - 10:00 AM
Westenfield Water Moccasins	Wednesdays	2008 Enfield Rd.	(512) 542-9176	8:00 AM - 10:00 AM

Financial Aid for Youth Programs

The Austin Parks and Recreation Department is offering financial support to residents for youth programs from October 1, 2018 to September 30, 2019. Youth participants must reside in the City of Austin and receive or be eligible to receive reduced or free lunches in their school district to qualify for financial assistance. To apply, please visit austintexas.gov/pardfinaid.

Statesman Swim Safe for Austin Kids

Statesman Swim Safe for Austin Kids is a non-profit program addressing the critical need for accessible swimming instruction. The Swim Safe Program is provided by the City of Austin Parks and Recreation Department and the Austin American-Statesman and is designed to build a safer community by teaching its youngest citizens the lifesaving skill of swimming. Enrollment is limited and primarily open to east Austin children (Kindergarten - 3rd grade) with limited resources. Please contact one of the Recreation Centers listed below to determine if you meet eligibility requirements, learn scheduled class dates/times and to register.

Recreation Centers	Location	Phone
Delores Duffie Recreation Center	1182 Pleasant Valley Rd.	(512) 978-2465
Dottie Jordan Recreation Center	2803 Loyola Dr.	(512) 978-2380
Dove Springs Recreation Center	5801 Ainez Dr.	(512) 974-3840
Givens Recreation Center	3811 E. 12th St.	512-974-2430
Metz Recreation Center	2407 Canterbury St.	(512) 978-2399
Montopolis Recreation Center	1200 Montopolis Dr.	(512) 978-2300
Parque Zaragoza Recreation Center	2608 Gonzales St.	(512) 978-2460
Turner Roberts Recreation Center	7201 Colony Loop Dr.	(512) 978-2690



Aquatic Division Jobs

The Aquatic Division hires approximately 750 seasonal employees. To view a list of available positions, qualifications, pay rates and submit an application, visit www.lifeguardaustin.com. Please note that applicants must be 15 years of age or older.

Training classes are only available for applicants planning to work for the Aquatic Division.

Lifeguard Class

The purpose of the American Red Cross Lifeguarding course is to provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services (EMS) personnel take over.

Prerequisites:

- Must be at least 15 years old on or before the final scheduled session of the course
- Swim 300 yards continuously demonstrating breath control and rhythmic breathing.
 - Must perform the swim using the front crawl, breaststroke or a combination of both
- Tread water for 2 minutes using only the legs
- Complete a timed event within 1 min. 40 sec.

- 1) Starting in the water, swim 20 yards without goggles
- 2) Surface dive to a depth of 7 to 10 feet and retrieve a 10 pound object
- 3) Return to the surface and swim 20 yards on the back to return to the starting point with both hands holding the object and keeping the face at or near the surface to allow for breathing
- 4) Exit the water without using a ladder or steps

Course schedules are available at lifeguardaustin.com

Water Safety Instructor Class

The purpose of the American Red Cross Water Safety Instructor (WSI) course is to train instructor candidates to teach water safety, including all levels of swim lessons. The certification also trains candidates to teach the Basic Water Rescue and Personal Water Safety courses, two levels of Parent and Child Aquatics, three levels of Preschool Aquatics and six levels of Learn-to-Swim.

Prerequisites include:

- Must be at least 16 years of age on or before the final scheduled session of the instructor course
- Swim 25 yards each of the front crawl, back crawl, breaststroke, elementary backstroke, and sidestroke
- Swim 15 yards butterfly
- Maintain position on back for 1 minute in deep water (floating or sculling)
- Tread water for 1 minute

Course schedules are available at austintexas.gov/swimming



OTHER PARKS AND RECREATION PROGRAMS:

The Parks and Recreation Department offers programs, activities and events for children, adults and seniors. Some of the different opportunities include:

Summer Daycamps - are located at our recreation centers throughout Austin. For specific program elements visit www.austintexas.gov/department/youth

Golf - Jr. Golf Academy, Clinics and Tournament information is available at: www.austintexas.gov/department/golf

Tennis - If you enjoy tennis and you're between the ages of 6 and 16 then National Junior Tennis League may be for you! For program facts visit www.austintexas.gov/department/tennis

Senior Activities - offer a variety of programs and services for participants 50 years of age and older. For details visit www.austintexas.gov/department/seniors

Athletics - Caters to the adult population of Austin, offering leagues and tournaments. For more information, visit www.austintexas.gov/department/athletics

Nature & Science Center - learn more by downloading the Natural & Science Brochure from www.austintexas.gov/department/ansc for detailed daycamp descriptions and program features.

Dougherty Arts Center - offers a variety of visual, performing and digital arts experiences for a broad audience. For specific information please visit www.austintexas.gov/department/dougherty-arts-center

Emma S. Barrientos Mexican American Cultural Center - offers programs and educational curriculum including the areas of visual art, theater, dance, literature, music, multi-media and culinary arts. www.austintexas.gov/esbmacc



CITY OF AUSTIN

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Natasha Harper-Madison, District 1
Sabino “Pio” Renteria, District 3
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Jim Smith, Interim Assistant City Manager

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Liana Kallivoka, Assistant Director
Anthony Segura, Assistant Director
Lucas Massie, Acting Assistant Director
Suzanne Piper, Chief Administrative Officer

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*Current as of 2/4/2019

WORK WITH US!

Now Hiring:

- Lifeguards
- Swim Instructors
- Swim Coaches
- Cashiers

Help us keep Austin swimming! The City of Austin Aquatics Division hires year-round for a variety of full and part time positions. Enjoy flexible schedules, a fun environment, and great pay. Must be 15 years or older to apply. Learn more about employment opportunities at lifeguardaustin.com.



lifeguardaustin.com